



# PROVIABLE™

FOR DOGS & CATS

NATURALLY REESTABLISHING  
INTESTINAL HEALTH

**PROVIABLE™**  
FOR DOGS & CATS

Ask your veterinarian if Provable or other Nutramax Laboratories, Inc. products can support the health of your pet.



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**Y**our pet's intestinal health relies on the balance of the intestinal microflora - the balance between the harmful bacteria and the beneficial bacteria found within the intestinal tract. A balanced bacterial microflora helps to keep your pet healthy by stimulating the immune system, digesting food nutrients, and producing vitamins and fatty acids that support normal intestinal function.

When stresses occur, such as illness, antibiotic therapy, traveling, kenneling and dietary changes, the balance is disrupted and your pet could show signs of illness including diarrhea, decreased appetite, and vomiting.

Having a balanced and healthy intestinal microflora is crucial to the health of your pet.



### ***What are probiotics?***

Probiotics are beneficial *live* bacteria that when ingested help to support the pet's intestinal and overall health. Probiotics have certain properties that allow them to compete with harmful bacteria in the intestines, stimulate the immune system, and digest nutrients. Probiotics are the good bacteria that support intestinal health.

### ***What are prebiotics?***

Prebiotics are complex carbohydrates that can be used as a food source for the probiotics, especially within the large intestine. This helps to support the growth of the probiotics within the intestinal tract and therefore helps them to compete against the harmful bacteria for colonization of the intestines.

### ***What is Provable?***

Provable products from Nutramax Laboratories, Inc. are multi-strain probiotic products that also contain prebiotics. There are two formulations: Provable-KP paste and Provable-DC capsules. Both formulations contain billions of seven strains of probiotic microorganisms with two prebiotics; the Provable-KP paste also contains kaolin and pectin. Kaolin and pectin are natural ingredients that help to firm loose stools by coating and soothing the gastrointestinal tract and help to support normal intestinal function.

**Probiotics are beneficial *live* bacteria that when ingested orally help to support the pet's intestinal and overall health.**

***When would Proviable™ products be administered?***

Proviable-KP paste and Proviable-DC capsules can be administered when your pet experiences diarrhea due to an intestinal imbalance. Proviable-KP is a tasty paste that can be given orally to the pet to help form the stools while both the paste and the capsules help to reestablish healthy intestinal balance. The Proviable-DC capsules can also be given during and after antibiotic therapy and before stressful conditions to help to decrease intestinal imbalance. They can be used long-term as recommended by your veterinarian for certain gastrointestinal conditions.

***When should I see an improvement in my pet's condition?***

For a sudden diarrhea in which the pet otherwise appears normal, the Proviable-KP paste should administered for 48-72 hours to help to form the stools; however some pets may respond in a shorter period of time. The Proviable-DC capsules should be continued after the stools have started to form, as recommended by your veterinarian. If no improvement is noted, or if your pet is not eating or is vomiting, please contact your veterinarian as soon as possible.

***Why do I need Proviable when there are probiotics in my pet's food?***

Probiotics that are supplied in pet foods may or may not be live when ingested by the pet due to the manufacturing processes of the food and therefore may be ineffective. In addition, there may not be sufficient numbers of the probiotics to elicit a clinical response, and the strains included in the food may not have the beneficial properties of a probiotic microorganism. Proviable products in comparison provide a guaranteed concentration of live bacteria and provide multiple beneficial strains.

***Are other brands of probiotic products equivalent to Proviable?***

Quality of probiotic products has been and continues to be an issue in the veterinary market. Some products do not contain live probiotic microorganisms or do not contain high enough numbers of the probiotics to help support intestinal health. Plus, not all of these products contain the most beneficial strains of probiotics. Proviable products on the other hand do contain live probiotics in high numbers and are quality tested to meet label claims.

***Can I give my pet yogurt instead of Proviable?***

Yogurt products may contain probiotics but not usually at concentrations necessary to help populate the intestinal tract of the dog or cat in order to elicit a beneficial response, especially during times of imbalance. Furthermore, the probiotic species in yogurts may not be live or contain the most beneficial strains for dogs and cats.



## How are Provable™ products administered?

### PROVIABLE™-KP & PROVIABLE™-DC Combination Kits.

#### Administration:

Give paste and capsules by mouth as directed by your veterinarian. Paste and capsules should be started on the same day.

#### Paste:

Cats: 1 mL, 2 to 3 times daily

Dogs: <20 lbs: 1-2 mL, 2 to 3 times daily  
21-50 lbs: 3-4 mL, 2 to 3 times daily  
>50 lbs: 5 mL, 2 to 3 times daily

Paste should be given for 48 to 72 hours.

#### Capsules:

Cats and Dogs (all sizes): Give 1 capsule daily until finished.

### PROVIABLE™-DC

#### Administration:

Cats and Dogs (all sizes): Give 1 capsule daily or as directed by your veterinarian.

Capsules are individually foil packed.

The guide(s) above provide general recommendations, but your veterinarian will advise you as to the amount to initially administer. Depending on your pet's response and condition, your veterinarian may adjust the administration amount.

The Provable-KP paste is in a graduated dial tube. It should be given orally by gently squirting the paste into your pet's mouth.

The Provable-KP paste and the Provable-DC capsules can be given together with food, as long as they are eaten right away. The capsules can also be opened and mixed with food.

## Can Provable products be given with other medications?

The kaolin and pectin in the Provable-KP paste could delay absorption of some medications, so the administration of the paste should be separated by 1-2 hours from other medications. The Provable-DC capsules should not be given at the same time as antibiotic medications for full effectiveness of the antibiotics; therefore it is best to separate the administration times by 1-2 hours.

## Are there any safety concerns or side effects with Provable products?

Probiotics should be administered based on the recommendation of your veterinarian. They are not recommended for pets that are critically ill or that have a suppressed immune system, or in animals that are severely dehydrated or vomiting. There are no known side effects with probiotics when administered as recommended by your veterinarian. The Provable-KP paste should only be used for 48-72 hours unless directed otherwise by your veterinarian, as the kaolin and pectin could potentially cause constipation with prolonged use at higher than recommended doses.

## How should the Provable products be stored?

The probiotics in Provable products are microencapsulated to ensure viability with storage at room temperature, not to exceed 77° F, for two years. The expiration dates are found on the packaging. If there is concern about storage at temperatures above 77° F, the Provable products can be stored in the refrigerator as long as they are not frozen.